<u>CE362</u> – Individual Presentation & Self-Management

The date of the presentation is stated in the syllabus and/or will be announced in class.

NOTE: ALL STUDENTS MUST MAKE THIS PERSONAL PRESENTATION

The main objective of the Personal Presentation (audio / visual / write-up report) is to achieve a unique, creative and ultimately a refined output, addressing "personal" (feelings & aspirations) and "analytical" (data, facts & findings) attributes pertaining to the engineering profession.

The parameters of this task are outlined as follows:

Topic - The Engineering Profession: Personal (feelings) and Data (facts and findings)

- 1. "Engineering", creatively defined in your own words. Sell me the definition!
- 2. What attracted you to this profession and why to nothing else?
- 3. Who motivated you (*name only one person*) in this direction?
- 4. What act or design or output impressed you the most, and when (at what age?)?
- 5. Identify the main benefits/advantages & disbenefits/disadvantages to mankind.
- 6. How do envision the direction of engineering in the near **and** distant future?
- 7. How do foresee your dreams getting realized and at what cost?
- 8. Offer your advice & recommendations for this profession (input, process & output).
- 9. Offer any additional information of value pertaining to the engineering profession.

Format -

Power-Point Presentation: Audio (recommended) / Visual (a must) -- 5 slides maximum!

Write-up Report: 5 pages maximum & numerated (1.5 lines-pacing, 12 size font, professional format) to contain an additional cover page (your name, the course, instructor, term, etc...), and three (3) distinctive sections:

- I- **Abstract** (a concise and an accurate summary of the topic!)
- II- Introduction & Discussion (the path you've chosen & why!)
- III- Conclusion (your dreams realized, and recommendations!)

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CE362 – "Better Communication Through Self-Management"

Before you can manage any life or work related projects, you'll need to learn the difficult task of self-management. Below is the two-step process that you can use toward becoming an effective self-manager.

Step Process 1

- 1. Self Evaluation Initiation
- 2. Self Re-Evaluation Redundant Assurance
- 3. Self Challenges Ambition
- 4. Self Realization and Acceptance Limitations & Expectations
- 5. Self Concentration Focus
- 6. Self Preparation and Improvement Performance Evaluation

The above step process is about self-discovery and preparation!

Step Process 2

- 1. Self Relaxation Meditation
- 2. Self Motivation Dedication
- 3. Self Challenges Ambition
- 4. Self Learning Continuous Importance
- 5. Self Application Hands-on-the-Job
- 6. Self Forecasting Anticipation
- 7. Self Re-Application Experience
- 8. Self Evaluation Control System
- 9. Self Discipline Ramifications
- 10. Finally, Self-Management The Refined Output

The <u>above</u> step process is a self-launching pad!

If you are focused enough and have the patience and motivation to apply the above process and achieve at least 50% self management, you will be one of few people who can effectively manage any life or work related projects and work toward the all elusive self-happiness.

Remember that life is the long journey of self-discovery and mind-awareness. Also, remember that in this journey you should be ready for different possibilities and accept the fact that nothing is guaranteed forever. Although you may have many dedicated people accompanying you in this journey, you can rely on no one but yourself. Remember who your best friend is and who will be with you to the end. After all the life began with you and ends with you. You and only you hold the key to your future and happiness. **Wishing you a sustained journey!**

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